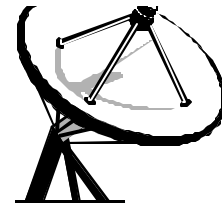


Training & Resource Center

IL Department of Public Health
828 South Second Street, 2nd Floor
Springfield, IL 62704

Gina Swehla, Division Chief
Phone: 217/524-6817
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SATELLITE DOWNLINK SATELLITE DOWNLINK SATELLITE DOWNLINK SATELLITE DOWNLINK

Arthritis Pain Management

Two Part Series

June 23, 2004 (Part I)

June 30, 2004 (Part II)

10:00am – 11:00am (c.s.t.)

Purpose of the Satellite Conference:

To provide state and local health professionals and caregivers a better understanding of the needs of their clients with arthritis pain.

Objectives for Part I

- Participants will be able to describe several types of arthritis and the pain symptoms associated with each type.
- Participants will understand how patients can talk with their providers more effectively about their pain.
- Participants will be able to describe ways a provider can listen to their patient's complaints more effectively.
- Participants will be able to describe ways employers can help their employees with arthritis manage their pain at their worksite.

Objectives for Part II

- Participants will be able to list several medications used to manage arthritis pain.
- Participants will be able to describe relaxation techniques used to cope with arthritis pain.
- Participants will be able to describe three assistive devices that persons with arthritis can use to lessen their arthritis pain.
- Participants will be able to describe three Arthritis Foundation resources that can help persons with arthritis manage pain.
- Participants will understand how physical activity can be an important part of arthritis pain management.

Target Audience:

Staff of local health departments/agencies, critical access/rural hospitals, AHEC sites, AF state and branch sites, county medical societies; and persons in schools of public health, medical schools, health professions schools, allied health professions schools; and pharmacy groups, social workers and vocational rehabilitation workers.

Viewing Registration:

See attached form.

HOW TO LOCATE A SATELLITE SITE

1. Locate a satellite downlink site in your community, with a steerable dish, that can receive either C or KU-bands. Most hospitals, community colleges, local health departments, and high schools have steerable dishes. (If you need help identifying a site, please call Vicky Ritz at 217/785-4475).
2. After identifying a site, make sure that they can accommodate you for this particular date/time. You will need to arrive approximately 30 minutes before air time to set the room up, i.e., make sure program is tuned-in, set out sign-in sheet, handouts, etc.
3. Fill out the attached form and fax it to Vicky Ritz at 217/557-7843.
4. Specific coordinates and materials (if applicable) will be e-mailed to you approximately 5 days prior to the program. At that time you need to forward the coordinates to the technical person at your site.

How To Register: To register your site and receive materials, please fax the form below to:
217/557-7843 (If you have any questions, call Vicky Ritz at 217/785-4475.)

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ATTN: Vicky Ritz

REGISTRATION DEADLINE: June 1, 2004

RE: Arthritis Pain Management

County: _____

Please print

Facilitator Name: _____

Agency/Organization: _____

Mailing Address:

Phone Number: _____ Fax Number: _____

E-Mail address: _____

Site Location (if different from above): _____

Address: _____

Is site open for other people to attend? Yes ____ No ____

If Yes, what is the seating capacity of room: _____

Estimated number of attendees: _____